



YOUTH DAWGS

Development, Achievement, Wellness, Growth, and Self-Confidence

Summer Recreation Camp

Ages 6-12

June 25-29, 2018

\$100/per child

For an additional \$50, we will provide your child with a box lunch each day

Register at:

urec.msstate.edu/programs-and-activities/camps/



MISSISSIPPI STATE UNIVERSITY™
UNIVERSITY RECREATION

YOUTH DAWGS

Development, Achievement, Wellness, Growth, and Self-Confidence

PHILOSOPHY:

The Youth Dawgs Summer Recreation Camp will provide youth ages 6-12 a week-long opportunity to participate in structured indoor and outdoor recreation activities. The camp provides age- and developmentally- appropriate, engaging instruction that promotes and fosters active participation.

The camp will provide campers and their families the tools and motivation to make healthy lifestyle choices, which includes exercise, proper nutrition, and self-confidence. Campers engage in team building events, non-competitive team sports, lifelong physical fitness activities, and most importantly, FUN!

Frequently Asked Questions

- How much will this camp cost?
 - The YOUTH DAWGS Summer Camp is \$100 for each child
 - All reservations are final after June 11th. Failure to cancel before this date will result in loss of payment.
- When will drop off and pickup be?
 - **Drop-off** will be from 8:30am to 9:00am at the Joe Frank Sanderson Center Lobby.
 - **Pick-up** will be from 4:00pm to 4:30pm in the Joe Frank Sanderson Center Conference Room and Officials Training Center.
- What items will campers need daily?
 - Lunch
 - Sunscreen
 - Towel
 - Water Bottle
 - Tennis Shoes- No Sandals
 - Bug Spray (optional)
 - GREAT ATTITUDE!
- What types of food should I pack for my child(s) lunch?
 - Lean meat or sandwiches, fruit, nutritious snacks, and Water! Water! Water!
 - ***Please try to refrain from foods such as candy bars, chips, snack cakes, sodas, sports drinks, and high sugar drinks!

- What types of activities will my child participate in?

Badminton
Basketball
Body Weight Exercises
Calisthenics
Dancing
Disc Golf

Dodge Ball
Flag Football
Jump Rope
Soccer
Softball
Spikeball

Swimming
Ultimate Frisbee
Volleyball
Rock Climbing
Water Volleyball

Lunch Plan Options (\$50/camper, lunches will be served with water):

Choice #1:
MWF:
Ham Sandwich
Apple Slices
Baked Chips

Choice #2:
MWF:
Turkey Sandwich
Apple Slices
Baked Chips

Choice #3 (Gluten-free):
MWF:
GF Ham Sandwich
Apple Slices
GF Chips

Choice #4 (Gluten-free):
MWF:
GF Turkey Sandwich
Apple Slices
GF Chips

TuTh:
Ham Wrap
Orange
Chocolate Chip Cookie

TuTh:
Turkey Wrap
Orange
Chocolate Chip Cookie

TuTh:
GF Ham Wrap
Orange
GF Cookie

TuTh:
GF Turkey Wrap
Orange
GF Cookie

APPLICATION DEADLINE IS JUNE 20, 2018.

Send Youth Dawgs Recreation Camp questions or inquiries to Will Jordan
or Jason Townsend at: fitness@saffairs.msstate.edu